

CULTURAL VALUES OF UKRAINIAN TRADITIONS

The Ukrainian people have a rich culture that consists of a wide range of values. They are embedded in Ukrainian customs, rituals, and folklore. They explain and justify the relationships between people, the value of the spiritual culture of an individual and the nation as a whole. To get acquainted with them, you should pay attention to rituals, decorative and applied arts, national cuisine, folk music, and traditional clothing.

Ukrainian rituals include family holidays. Traditional family rituals include rituals related to the biological cycle of human existence: birth, marriage, and death. Age initiation rituals belong to a large group of rites of passage, the purpose of which was to enable a person to move from one social or age group to another. In the course of initiation rituals, a person was gradually separated from the old environment, breaking with the past and past values, and entering society in a new status. An important place is occupied by wedding ceremonies, which include various symbolic actions and traditions. Each region has its own customs and rituals that reflect the respective set of values of the local culture. For example, the spring rituals associated with Maslyana and Ivan Kupala reflect the ancient faith and religiosity of Ukrainians [1].

In the Ukrainian tradition, decorative and applied arts, are an integral part of folk cultural production. Embroidery, carving, ceramics, toy making, and other types of art are not only a source of beauty, but also a way of passing on traditions, history, and more. Arts and crafts play an important role in preserving national identity and the unique worldview of Ukrainians [2].

National cuisine is an integral part of the cultural heritage and reflects cultural traditions, customs and connection with the natural environment. Ukrainian cuisine is known for its diversity and quality of flavor. Many dishes

are prepared with natural and local products and reflect traditional cooking methods. For example, borsch is a symbol of Ukrainian cuisine and reflects the specifics of regional culinary traditions. Each dish has its own history and peculiarity, reflecting the cultural values and customs of the Ukrainian people [2].

Folk music reflects the history of the Ukrainian people and conveys their way of life, emotions and values through melodies, words and rhythms. Ukrainian folk music is diverse, ranging from melodic dumas and lyrical songs to the fun and lively melodies of folk dances. It is often based on seasonal rituals related to the agricultural cycle and the celebration of various life events, such as weddings, birthdays, and many others. Folk instruments such as bandura, kobza, lyre, trembita, and many others play an important role in creating the sound of Ukrainian folk music. Ukrainian folk music not only entertains and inspires, but also unites people and helps to preserve cultural traditions and heritage for future generations [3].

Traditional Ukrainian clothing is an important part of the cultural values of Ukrainian traditions and reflects the rich history and national character of the people. Ukrainian national costume differs in regional peculiarities and traditions, but has common features that are typical for the whole world. Traditional women's costume often includes embroidered shirts, skirts with various patterns and colors, headbands, and various jewelry that reflect the richness of the national culture. Traditional men's costume often includes an embroidered shirt, wide pants (commonly known as “sharovary”), boots, and a hat or scarf [4].

The cultural values of Ukrainian traditions are an extremely important aspect of national identity and cultural heritage. They reflect the richness and diversity of Ukrainian culture, which is a source of pride and unity for the entire nation. Each element of Ukrainian traditions has its own history and meaning, which contributes to the preservation of cultural diversity. By studying and supporting these traditions, Ukrainian society can preserve its unique cultural

heritage and contribute to the further development of national identity.

REFERENCES

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